WHEN IN NEED OF ASSISTANCE FROM THE EMERGENCY SERVICES:

WHO are you?

- Name
- Company
- Number of people in your party. Dogs?

WHERE are you?

Your position – preferably degrees minutes decimal minutes (dd mm.mmm)
and a reference point

Example: POS: N78°21.202 E16°55.403 Reference point: Fredheim

WHAT has happened?

• Why do you need assistance?

WHAT is the current situation?

WEATHER - conditions on site?

- Fog, snow, wind, ice, rain, temperature ...
- Worsening or getting better?

PLAN - what is your plan?

• You are in charge until first responders arrive on the scene.

PREPARE for arrival / evacuation

- Pack down and move equipment away from your chosen landing site.
- Make it easier to spot you.

CHECKLIST BEFORE GOING OUT	
	My guests are fit and properly equipped
	I am fit and ready
	I know the area where I am going
	I have the equipment needed to handle a potential emergency situation
	I know how to use my equipment
	I have what I need to call for assistance
	I am prepared and ready to go

WHEN IN NEED OF ASSISTANCE CALL:

112

+47 79 02 12 22

e.g. from a sat. phone

In doubt whether you need assistance or not? Call us.

